

PRACTICE FORUM

The successful development and implementation of an off campus triage system during the COVID-19 pandemic in Guangdong, China

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Abstract

To deal with the public health crisis caused by the coronavirus disease 2019 (COVID-19) outbreak, we developed an off campus triage system at entry points to the outpatient, emergency, and inpatient departments. To enhance this off campus triage system, we implemented intensive staff training and made detailed triage plans with a timely referral. Of the 85,414 patients/visitors who visited The Seventh Affiliated Hospital of Southern Medical University, one of the government-designated hospitals to triage-suspected COVID-19 patients between January 22 and March 10, 2020, 359 patients were triaged to the COVID-19 fever clinic and 1,218 were triaged to the general fever clinic; 187 were suspected of COVID-19 infection and quarantined; and four cases of COVID-19 were confirmed and referred. During the outbreak, no in-hospital infection and no complaint from patients and their family members occurred, and up to September 10, 2020, no new cases of COVID-19 in this hospital or its catchment area were detected. The off campus triage system is an effective approach to improve the detection of COVID-19 infection and reduce in-hospital cross infection.

Keywords: *COVID-19; off-campus triage system; staff training; infection control; management research*

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An unprecedented outbreak of pneumonia of unknown etiology in Wuhan, Hubei, China, emerged in December 2019. A novel coronavirus SARS-CoV-2, having characteristics typical of coronavirus family and belonging to the betacoronavirus 2B lineage, whose genome sequences of SARS-CoV-2 share 79.5% sequence identity to SARS-CoV, was identified as the causative agent and was subsequently termed as coronavirus disease 2019 (COVID-19) by the World Health Organization (WHO) (1). Due to lack of immunity, the general population is susceptible to infection with COVID-19, which is spread from person to person by respiratory droplets and contact transmission as important ways of spreading (2, 3). Patients affected by this virus most notably presented with clinical manifestations of

dry cough, fever, and bilateral lung infiltrates on imaging (2, 4). A minority of patients were asymptomatic, however (5). The WHO Global Health Emergency Committee has stated that the spread of COVID-19 may be prevented by early effective surveillance, isolation, prompt treatment, and the implementation of a robust system to trace contacts (6).

Hospitals are considered important settings for COVID-19 triage because they also need to treat large numbers of non-COVID-19 patients during the epidemic. Traditional hospital triage models could not handle this large-scale public health crisis, and missteps in the triage process could result in missed cases, in-hospital cross infection, and delayed treatment of other critically ill patients. The situation is particularly difficult for hospitals with no

separate ambulance/emergency departments for respiratory and non-respiratory health problems. It is, therefore, important to arrange patients' medical treatment to achieve early screening for and early treatment of COVID-19 cases, as well as to avoid in-hospital cross infection, improve patient's satisfaction, and enhance efficiency of delivery of hospital services.

In January 2020, the COVID-19 outbreak that originated in Wuhan, Hubei, spread to Guangdong, China. Subsequently, Guangdong became the province with the second largest number of COVID-19 patients. The Seventh Affiliated Hospital, one of the main teaching hospitals of Southern Medical University, is a designated hospital for the fever clinic for the COVID-19 outbreak in Foshan, Guangdong.

To deal with this public health crisis and to reduce in-hospital cross infection, we developed an off-campus triage system at entry points to the outpatient, emergency, and inpatient departments for all patients and visitors, with or without respiratory symptoms. In this article, we describe the creation of the novel off-campus in The Seventh Affiliated Hospital of Southern Medical University and share the experience that we have gained from the successful development and implementation of this system.

The development and implementation of the off-campus triage system

Establishing triage points outside the hospital campus

The Seventh Affiliated Hospital of Southern Medical University does not have separate ambulance/emergency departments for respiratory and non-respiratory health problems, making the triage an even more challenging problem during the pandemic. As the first step in responding to the public health crisis caused by the outbreak of COVID-19, we set up tents to establish triage points at the entrance of the outpatient, emergency, and inpatient departments outside the hospital. The creation of external tent-based triage points has played an important role in reducing long lineups and crowding, thereby reducing the chance of in-hospital cross infection, as well as relieving anxiety among patients and their families. Setting up different triage points outside the hospital could also meet diverse patient needs and improve the efficiency of hospital services: the emergency triage point, for example, is very convenient for car accidents, and the inpatient triage point is convenient for family members.

The effectiveness of moving triage points outside the hospital campus has been demonstrated in previous public health crises. During the outbreak of Ebola, it was reported that using off-campus tents to establish a medical care center to conduct initial assessment and treatment of Ebola patients was an effective way to handle such a crisis

(7). An Afghan refugee camp used tents sprayed or impregnated with deltamethrin to prevent malaria (8). Studies have shown that the use of tents, combined with hospital infection management measures, may effectively limit the spread of infectious diseases during infectious disease outbreaks (9, 10).

Staff training, supervising, and scheduling

All triage staff were trained to learn and apply triage procedures; appropriate personal protection and protection levels based on all patients' and visitors' temperature, symptoms, and epidemiological history (Fig. 1); appropriate use of personal protective equipment; disinfection; and isolation. This was done using both online and offline training materials, including text and videos, administered in the form of both self-learning and guided training modules. The text part consists mainly of guidance documents such as diagnosis and treatment programs, protection and disposal processes, and prevention and control guides, while the videos are mostly operation videos of wearing and taking off isolation clothing and protective clothing, and patient care. Staff were permitted to work at triage points only after an intensive training on personal protection and infection prevention/control, and after a formal assessment and approval by hospital leadership. Head nurses or team leaders inspected triage points on a daily basis to ensure that all staff followed the triage procedures and personal protection measures correctly. Studies have shown that staff training during infectious disease outbreaks is essential to improve awareness of self-protection and reduce the risk of infection of medical staff (11–15).

We implemented a 24-h rotational shift system at the emergency triage point. Because of different patient volume at the other two triage points, shift times varied from 7:30 to 17:30 at the outpatient triage point and from 7:30 to 18:00 at the inpatient triage point. To reduce staff needs and the consumption of protective equipment and other materials, we adjusted the number of triage staff deployed on an ongoing basis, depending on the number of hospital visits occurring in different periods. During the outbreak of SARS (CoV-1) and H1N1 influenza, studies have demonstrated that the implementation of a 24-h rotating shift system, the optimization of shift arrangements, and the promotion of quality control awareness among staff supported efficient triage and improved case detection rates (11, 12, 16, 17). Furthermore, the shift schedule form included triage staff contact information and original department in case of emergency management.

Developing the triage flowchart

Based on the 'Pneumonitis Diagnosis and Treatment Program for New Coronavirus Infection, Guidelines from National and Guangdong Provincial Health Commissions

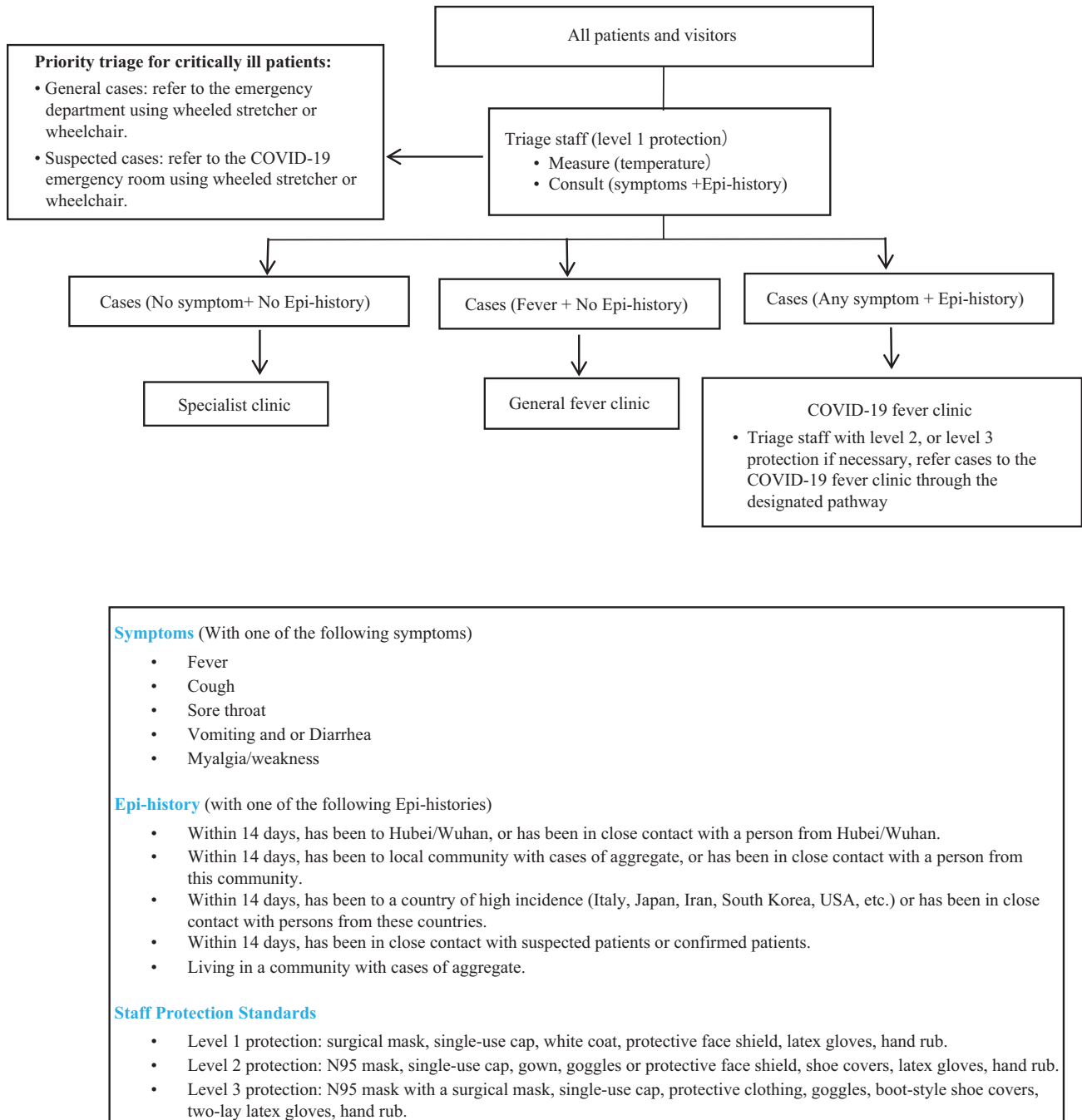


Fig. 1. Coronavirus disease 2019 triage flowchart.

on Further Improving the Prevention of and Control of Infection of Medical Staff’ and other documents from Guangdong government, we formulated and updated the triage flowchart (Fig. 1) to ensure the accuracy and timeliness of information collection and to improve the detection rate. Most in-hospital transmission occurred when infection prevention and control precautions were not fully developed or well executed (18–21). Formulation of triage flowcharts and the management of triage are

essential to prevent the spread of infections. An emergency department in Toronto developed a detailed triage flowchart during the outbreak of SARS to improve hospital triage efficiency (19). A study on hospital management in Ebola indicated that triage processes should be standardized (22). During the development of Middle East Respiratory Syndrome (MERS) in Qatar, the diagnosis rate was improved by formulating an effective triage process to avoid cross infection (23). During the outbreak of

SARS and H1N1 influenza in China, several studies have suggested that formulating clear triage processes and emergency plans could significantly improve efficiency (12, 13, 20).

Designing a triage card with personal and epidemiologic information for patients and visitors

We designed a triage card to collect clinical and epidemiologic information for every patient and visitor to the hospital at each of the triage points (Fig. 2). All patients and visitors are required to carry and present this card during their visit to the hospital. If an individual was identified as a suspected COVID-19 patient (Fig. 2), he/she was escorted to the fever clinic by triage staff according to the protection levels specified for the designated pathway.

Registering information of fever patients

According to the national guidelines on the COVID-19 outbreak in China, we developed a registration form to collect data on temperature and symptoms for fever patients and suspected COVID-19 patients at all triage points (Table 1). This registration form is kept at each triage point to facilitate patient tracing and communications between staff at triage and staff at fever clinics. During the outbreak of SARS, hospitals in Toronto implemented an efficient method of registering the patient’s name, home address, and other relevant information to regulate patient management (19). Studies have shown that the use of patient registration can help to improve detection (16, 24).

Cleaning and disinfection at the triage points

Chlorine-containing disinfectants are used to disinfect electronic and mercury thermometers, work surfaces,

Triage Card

Points: _____ No.: _____
 Name: _____ Birth of Date: _____
 ID No.: _____

1. Temperature:
2. Symptoms:
 ① Fever ② Cough ③ Sore throat ④ vomiting/diarrhea ⑤ Myalgia/weakness

3. Epi-history

- Within 14 days, has been to Hubei/Wuhan, or has been in close contact with a person from Hubei/Wuhan.
- Within 14 days, has been to local community with cases of aggregate, or has been in close contact with a person from this community.
- Within 14 days, has been to countries with high incidence (Italy, Japan, Iran, South Korea, USA, etc.) or have been in close contact with a person from these countries.
- Within 14 days, has been in close contact with suspected patients or confirmed patients.
- Living in a community with cases of aggregate

Triage to

1. Specialist clinic: No symptom + No Epi-history
 2. General fever clinic: Fever + No Epi-history
 3. COVID-19 fever clinic: Any symptom + Epi-history
 4. The emergency department: critically ill patients with No symptom + No Epi-history
 5. COVID-19 emergency room: critically ill patients with any symptom + Epi-history

Fig. 2. Coronavirus disease 2019 triage card.

Table 1. Registration for fever patients during the coronavirus disease 2019 (COVID-19) outbreak in Foshan, Guangdong, China

No.	Date	Name	Age	Sex	Temperature	First visit	Repeat visit	Address	ID No.	Phone No.	Hubei/Wuhan visit	Community with infection	Close contact with patients	Back from countries with high incidence*	Crowd gathering	Sore throat	Sore throat	Cough	Yomit	Diarrhea	Myalgia/weakness	Symptoms (√)	Clinic site sent (√)	Triage staff signature
1																								
2																								
3																								
4																								

*Countries with high incidence: Italy, Japan, Iran, Korea, German, Spain, and the United States.

wheelchairs, wheeled stretchers, and the general work environment every 4 h. The disinfectant used for wiping and spraying is 2,000 mg/L of hypochlorite solution. Before and after triaging patients, triage staff are required to wash their hands with hand sanitizer and dry hands with paper towel. Each cleaning process was recorded upon completion. Moreover, we followed strict standards in accordance with the regulations and methods for medical waste management in health institutions to dispose medical waste (25).

Patient- and family-friendly triage environment

Patient-friendly measures were implemented to ensure that patients and their families were satisfied with our triage process. We marked the triage points with clear directions, so that patients would have no difficulty in finding their designated triage point. The triage process was explained in detail by staff at all triage points. Staff at the triage points created a patient- and family-friendly environment and paid attention to their personal needs to improve their satisfaction (26, 27). Triage staff used plain language to communicate with patients to help them understand the current issues regarding COVID-19 and explained the precautions they need to take (28). At the same time, staff at the triage paid attention to the patient's psychological issues, identified their negative emotions, actively provided comfort to the patients, and responded to and resolved unsatisfactory practices in a timely fashion. Triage staff were asked to adopt a passionate approach and to provide professional and quality care to all patients. As a result, we achieved the goal of zero complaints from patients and their families in The Seventh Affiliated Hospital of Southern Medical University during the COVID-19 outbreak.

Self-evaluation of the triage process

According to inspection requirements of the Guangdong provincial health commission, we developed the COVID-19 triage management self-evaluation form shown in Table 2. Regular and timely self-evaluation can serve to improve the quality of the triage process.

The effectiveness of this system in controlling infections

During this outbreak, an average of 1,794 patients and visitors came to The Seventh Affiliated Hospital of Southern Medical University each day. Of the total 85,414 patients and visitors between January 22 and March 10, 2020 in this hospital, 359 patients were triaged to the COVID-19 fever clinic and 1,218 patients were triaged to the general fever clinic. A total of 187 suspected cases with COVID-19 were quarantined, and four of the suspected COVID-19 cases were diagnosed as being infected and referred to the designated treatment hospital. Using

this off campus triage system, combined with intensive staff training, accurate assessment and triage, and timely referral, no in-hospital cross infection was detected, and no complaints from patients and their families occurred during the outbreak. Up to September 10, 2020, no new cases of COVID-19 in The Seventh Affiliated Hospital of Southern Medical University or its catchment area were detected.

Discussion

Experience with previous outbreaks of infectious diseases provides a basis for effectively responding to new outbreaks (29–31). During the outbreak of COVID-19 in Guangdong, China, we developed an effective off campus triage system at entry points to the departments of outpatient, emergency, and inpatient in The Seventh Affiliated Hospital of Southern Medical University. Combined with intensive staff training and supervision, accurate assessment and triage process, and accurate and timely referrals, we have not missed any patient with COVID-19 infection, with no occurrence of in-hospital cross infection, and no complaints from patients and their families in our hospital. The triage system deployed in The Seventh Affiliated Hospital of Southern Medical University may be used as a model for other centers in initial preadmission screening of possible cases of COVID-19. This model could be adopted to deal with future large-scale outbreaks of other infectious diseases.

There are several important lessons from the process in the creating and implementing the off campus triage system in our hospital that deserve further exploration. First, meticulous planning is critical for the success of this project. Hospital leadership consulted widely before creating this system, including not only with hospital staff but also with provincial leadership and government agencies on infection prevention and disease control, and worked out details on deciding the triage location, personal protection equipment, disinfection and other materials to be used at the triage points, questionnaires and forms for patients/visitors, and staff training and scheduling. Second, timely adjustment and modification of the triage system during the pandemic are important. Because COVID-19 was a new disease, our knowledge on it improved over time. Procedures developed at the beginning of the pandemic need to be evolved to reflect these changes over time. For example, during the pandemic, we modified the forms to better reflect the newly identified clinical symptoms and epidemiologic history. Third, staff fatigue could pose a serious challenge to the system as staff may be tired and relax the originally developed rules/procedures. The hospital leadership realized this issue and made several rotations of triage staff, in addition to intensive inspections and reinforcements.

Table 2. Coronavirus disease 2019 (COVID-19) triage management self-evaluation

First-level indicators	Second-level indicators
Set-up	1.Signs are clear, and ventilation is good. Yes <input type="checkbox"/> No <input type="checkbox"/>
	2.The procedure is reasonable, and all patients and visitors go through the triage points. Yes <input type="checkbox"/> No <input type="checkbox"/>
	3.Take the patient's epidemiological history and record. Yes <input type="checkbox"/> No <input type="checkbox"/>
	4. Required disinfection and isolation are followed. Yes <input type="checkbox"/> No <input type="checkbox"/>
	5. Have sufficient masks, thermometer, and hand sanitizer. Yes <input type="checkbox"/> No <input type="checkbox"/>
Management	1.All patients and visitors entering the hospital wear a mask. Yes <input type="checkbox"/> No <input type="checkbox"/>
	2.The triage staff must dress well according to the personal protection level. Yes <input type="checkbox"/> No <input type="checkbox"/>
	3.The triage staff must perform hand hygiene immediately after patient contacts Yes <input type="checkbox"/> No <input type="checkbox"/>
	4.The suspected COVID-19 patients will be sent to the COVID-19 fever clinic through the designated pathway by triage staff. Yes <input type="checkbox"/> No <input type="checkbox"/>
	5. Have a 24-h shift at the emergency triage point, with clear signs and staff guidance. Yes <input type="checkbox"/> No <input type="checkbox"/>
	6.The environment at the triage points is clean and tidy. Yes <input type="checkbox"/> No <input type="checkbox"/>
	7. Have triage flowchart and triage card. Yes <input type="checkbox"/> No <input type="checkbox"/>
	8.Have folds with disinfection, fever patients, and personal protection materials. Yes <input type="checkbox"/> No <input type="checkbox"/>
Staff training	1.All triage staff are trained at least 2 times and obtained permission. Yes <input type="checkbox"/> No <input type="checkbox"/>
	2.All staff in the hospital are arranged to take turns on duty. Yes <input type="checkbox"/> No <input type="checkbox"/>
	3.All triage staff have to master and apply the latest triage information and procedure. Yes <input type="checkbox"/> No <input type="checkbox"/>

Compliance with ethical standards

Because of the nature of this study, we determined that it was not appropriate or possible to involve patients or the public in the design, or conduct, or reporting, or dissemination of this paper. Because this study used quality assurance data only, no ethical approval was required.

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Conflict of interest

All authors declare the following: no support from any organization for the submitted work, no financial relationships with any organizations that might have an interest in the submitted work in the previous 3 years, and no other relationships or activities that could appear to have influenced the submitted work.

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